

## Pelvic Symptom Questionnaire

### Bladder / Bowel Habits / Symptoms

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|---|--|
| Y/N Trouble initiating urine stream       | Y/N Blood in stool/feces                 |
| Y/N Urinary intermittent /slow stream     | Y/N Painful bowel movements (BM)         |
| Y/N Strain or push to empty bladder       | Y/N Trouble feeling bowel urge/fullness  |
| Y/N Difficulty stopping the urine stream  | Y/N Seepage/loss of BM without awareness |
| Y/N Trouble emptying bladder completely   | Y/N Trouble controlling bowel urge       |
| Y/N Blood in urine                        | Y/N Trouble holding back gas/feces       |
| Y/N Dribbling after urination             | Y/N Trouble emptying bowel completely    |
| Y/N Constant urine leakage                | Y/N Need to support/touch to complete BM |
| Y/N Trouble feeling bladder urge/fullness | Y/N Staining of underwear after BM       |
| Y/N Recurrent bladder infections          | Y/N Constipation/straining ____% of time |
| Y/N Painful urination                     | Y/N Current laxative use -type _____     |
| Y/N Other/describe _____                  |  |

Describe typical position for emptying: \_\_\_\_\_

1. Frequency of urination: awake hour's \_\_\_\_ times per day, sleep hours \_\_\_\_ times per night
  2. When you have a normal urge to urinate, how long can you delay before you have to go to the toilet? \_\_\_\_ minutes, \_\_\_\_ hours, \_\_\_\_\_ not at all
  3. The usual amount of urine passed is: \_\_small \_\_ medium\_\_ large
  4. Frequency of bowel movements \_\_\_\_ times per day, \_\_\_\_\_ times per week, or \_\_\_\_\_.
  5. The bowel movements typically are: watery \_\_ loose \_\_ formed\_\_ pellets \_\_ other \_\_\_\_\_
  6. When you have an urge to have a bowel movement, how long can you delay before you have to go to the toilet? \_\_\_\_ minutes, \_\_\_\_ hours, \_\_\_\_\_ not at all.
  7. If constipation is present describe management techniques \_\_\_\_\_
  8. Average fluid intake (one glass is 8 oz or one cup) \_\_\_\_\_ glasses per day.  
Of this total how many glasses are caffeinated? \_\_\_\_ glasses per day.
  9. Rate a feeling of organ "falling out" / prolapse or pelvic heaviness/pressure:  
 \_\_ None present  
 \_\_ Times per month (specify if related to activity or your menstrual period)  
 \_\_ With standing for \_\_\_\_\_ minutes or \_\_\_\_\_ hours.  
 \_\_ With exertion or straining  
 \_\_ Other \_\_\_\_\_
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|---|--|
| 10a. Bladder leakage - number of episodes<br>__ No leakage<br>__ Times per day<br>__ Times per week<br>__ Times per month<br>__ Only with physical exertion/cough | 10b. Bowel leakage - number of episodes<br>__ No leakage<br>__ Times per day<br>__ Times per week<br>__ Times per month<br>__ Only with exertion/strong urge |
|---|--|
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|---|--|
| 11a. On average, how much urine do you leak?<br>__ No leakage<br>__ Just a few drops<br>__ Wets underwear<br>__ Wets outerwear<br>__ Wets the floor | 11b. How much stool do you lose?<br>__ No leakage<br>__ Stool staining<br>__ Small amount in underwear<br>__ Complete emptying<br>__ Other _____ |
|---|--|
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12. What form of protection do you wear? (Please complete only one)  
 \_\_ None  
 \_\_ Minimal protection (tissue paper/paper towel/pantishields)  
 \_\_ Moderate protection (absorbent product, maxi pad)  
 \_\_ Maximum protection (specialty product/diaper)  
 \_\_ Other \_\_\_\_\_

On average, how many pad/protection changes are required in 24 hours? \_\_\_\_\_ # of pads

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## ACKNOWLEDGEMENT RECEIPT NOTICE OF PRIVACY PRACTICES

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### \*\*You May Refuse to Sign This Acknowledgement\*\*

- A. I have received/read a copy of this office's Notice of Privacy Practices. YES NO initial \_\_\_\_\_
- B. I agree to the open treatment area. YES NO Initial \_\_\_\_\_
- C. I agree that PT/PTA students may participate in my physical therapy care. YES NO Initial \_\_\_\_\_
- D. I agree that a private treatment area is not necessary. YES NO Initial \_\_\_\_\_
- E. I agree that, due to this open format, unauthorized individuals may have the opportunity to learn of my protected health information. YES NO Initial \_\_\_\_\_
- F. I agree that I must sign a sign-in sheet at each visit and I understand that subsequent visitors have opportunity to read my name. YES NO Initial \_\_\_\_\_
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**X**

Signature

Please Print Name

Date

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### For Office Use Only

We attempted to obtain written acknowledgement of receipt of our Notice of Privacy Practices, but acknowledgement could not be obtained because:

\_\_\_\_\_ Individual refused to sign.

\_\_\_\_\_ Communication barriers prohibited obtaining the acknowledgement.

\_\_\_\_\_ Emergency situation prevented us from obtaining acknowledgement.

\_\_\_\_\_ Other (Please Specify) \_\_\_\_\_

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Thank you for choosing Performance Therapy. We look forward to helping you meet your rehabilitation needs. To help us serve you more efficiently, please read, sign, and date in the designated areas.

**CONSENT FOR CARE AND TREATMENT**

I, the undersigned, do hereby agree and give my consent for Performance Therapy to furnish medical care and treatment to \_\_\_\_\_ as considered necessary and proper in diagnosing or treating his/her physical and mental condition.

Patient/Guardian \_\_\_\_\_ Date \_\_\_\_\_

**BENEFIT ASSIGNMENT/RELEASE OF INFORMATION**

I, the undersigned, do hereby assign all medical benefits to include major medical benefits to which I am entitled, including Medicare, Medicaid, private insurance, and third party payers to Performance Therapy. A photocopy of the assignment is to be considered as valid as the original. I, the undersigned, do hereby authorize said assignee to release all information necessary, including Medical Records, to secure payment.

Patient/Guardian \_\_\_\_\_ Date \_\_\_\_\_

**FINANCIAL POLICY STATEMENT**

We bill your insurance carrier solely as a courtesy to you. You are responsible for the entire bill when the services are rendered unless prior arrangements have been made. We require that arrangements for payment of your estimated share be made today. If your insurance carrier does not remit payment within 60 days, the balance will be due in full from you. Any unpaid balance after the first 30 calendar days of treatment accrues a 1.5% interest each month thereafter. In the event that your insurance company requests a refund of payments made, you will be responsible for the amount of money refunded to your Insurance Company. In the event your company established and internal usual and customary fee schedule, you will be responsible for the remaining difference.

If any payment is made directly to you for services billed by us, you recognize an obligation to promptly remit same to Performance Therapy.

The above does not apply for those patients that are treated under VA or Worker's Compensation. However, be advised that if you claim Worker's Compensation benefits and are subsequently denied such benefits, you may be held responsible for the total amount of charges for services rendered to you.

I understand and agree that my account if paid within 90 days of my discharge will be interest free, after 90 days my account will be subject to a 12% interest (APR). If I fail to make any payments for which I am responsible in a timely manner, I will be responsible for all costs of collecting monies owed, including court costs, collection agency fees, and attorney fees. Payments can be made in office or by mail with cash, check or credit/debit card. We accept Visa, Discover and Master Card.

Estimated Deductible & Visit Limit \_\_\_\_\_

Estimated patient payment/co-payment \_\_\_\_\_

Arrangement for payment of patient's share \_\_\_\_\_

**NOTE:** Estimated coverage, information is provided as a courtesy to our patient, but is not intended to release them from total responsibility for their account balance.

The above information has been read and explained to me.  
**I UNDERSTAND MY FULL RESPONSIBILITY FOR THE PAYMENT OF MY ACCOUNT**

\*\* A \$50 charge will be given to cancellation when less than 24 hours notice is given\*\*

Patient/Guardian/Responsible Party \_\_\_\_\_ Date \_\_\_\_\_

Performance Therapy Representative/Witness \_\_\_\_\_ Date \_\_\_\_\_